



Chawton House Surgery

Patient Participation Group Newsletter March 2023

Dear Chawton House Patient

Here is the latest information from your Patient Participation Group.

Booking Face-to-Face Appointments

Patients now have the option to book face-to-face appointments as well as telephone appointments either online or by contacting Reception. The number of appointments available is split equally between face-to-face and telephone.

If you have chosen your appointment on the Chawton House website via Systmonline, after making your choice you will come to the Book Appointment page – remember to press the red ‘BOOK APPOINTMENT’ link. Otherwise you might wait a week for an appointment that is not there (Yes, I speak from bitter personal experience!}).

Online booking allows you to choose the date, type and doctor of your choice and is available 24 hours a day. If you have not registered with Systmonline, just contact Chawton House Reception who will explain how to do this.

Staff Changes

Dr Annabel Arnold, who is a partner at Chawton House, is leaving this month after over 20 years of service. Her patients will miss her and we all send her our thanks and very best wishes for

the future.

We are delighted that her place as a partner is being taken by Dr Joanna McEwen, who some of you will know as she has been at Chawton House for over a year, having moved here from London.

Chawton House is a training practice, which means that we provide the opportunity for doctors who have just qualified and finished their training to experience General Practice as a career. This year we have Dr Adekote Akande and Dr Calum Green working with us. They have their own surgeries and are supported by senior GPs.

You may also come across one of the three locums who are working at Chawton House at the moment – Dr James Goodman, Dr Melissa Carrell and Dr Kate Johnson.

Welcome also to Beth Marsh and Gemma Stevens-Hoyles who have joined the Nursing Team

Paramedic Visits for Housebound Patients

Chawton House now has access to the New Forest Primary Care Network Paramedic Service – there are two paramedics in our area and they will be undertaking some home visits to housebound patients for our GPs. Both Sam and Chris are highly experienced paramedics and will report back to your GP and also arrange additional support or hospital admission if needed.

New Bowel Cancer Home Testing Kit

If you are aged between 60 and 74 you should receive one of the new home testing kits for bowel cancer – we are assured they are quicker and easier to use than the previous kits! Bowel cancer is the fourth most common cancer in the UK and the second most likely to be fatal. Early diagnosis is very important so please do use and return the kit when it arrives as it can find

hidden traces of blood that may be a sign of cancer.

No matter what your age, if you have symptoms, like blood in your poo or severe stomach pain, please make an appointment with your GP. This is not a time to be squeamish! Use the link below for further information:

<https://www.england.nhs.uk/2023/02/new-nhs-campaign-urges-people-to-use-their-bowel-cancer-home-testing-kit/>

Domestic Abuse

Abuse comes in different forms but generally is either physical, sexual or emotional but all are about someone else having power or control over you– all are equally awful for the man, woman or child on the receiving end and many people are abused in more than one way.

It can be very difficult to get help if you find yourself in an abusive or controlling relationship. Below is a link that will give you information including organisations that can help, but if it is difficult for you to make contact to get support or you have lost confidence, you can talk to your GP or to Nurse Catherine – all are trained to help victims of abuse and to make the move to get help.

<https://www.nhs.uk/live-well/getting-help-for-domestic-violence/>

Guess What..... Boosters are Back!

The next round of Covid Boosters is due to start in April. Details will follow once plans are complete.

Contact Us

If you have any non-medical questions or comments that you would like us to raise with the management of Chawton House Surgery at our next meeting in April then please get in touch with

us via the link on the Surgery website or the letterbox in Reception.

Kathy (Chair), Alan, Celia, Leanne, Mary and Mike

Chawton House Patient Participation Group